

Homeless Mats

These plarn sleeping mats are easy, environmentally friendly and virtually free to make. Constructed from clean, used plastic shopping bags, the mats are naturally antimicrobial and water resistant.

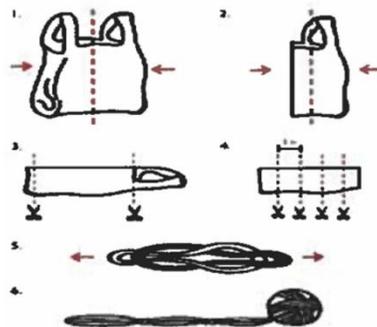
What You Need To Know:

- In case you wonder: What is plarn? Plarn is simply short for plastic yarn. It's not a typo.
- You will need a large plastic crochet hook. We used size U or Q from the local craft store.
- You will also need nice sharp scissors. You can also use a rotary cutting tool & mat for cutting multiple strips at once.
- If you have thicker plastic bags, cut smaller strips. You can use any kind of plastic bag, even from your dry cleaners.
- **WE ONLY NEED BAGS.** The only material needed to make the mats are clean, used Wal-Mart sized bags and larger.
- The dimension of the mat needs to be the size of a sleeping bag. Why? The mat is to protect the homeless from the wet ground and give a bit of comfort. If the mat is smaller, the bedding soaks up moisture from the ground. If it's too large, it becomes too much to carry.
- Mat dimensions are 3' x 6'
- Carrying Strap – Crochet one strap, approximately 125 stitches, to secure the mat and allow the owner to carry it.



How Can People Help?

- Collect Bags
- Sort Bags
- Fold Bags
- Cut Bags
- Loop Plarn
- Last but not least: Crochet



There are many ways to help besides crocheting. By volunteering to do one of the jobs listed above you free someone up to crochet. Together we can make a huge difference!

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Office Hours
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